



International Worship in Dance and the Arts

# NLDNUK AUGUST 10-13 *Conference* 2023

*"My Body is The Temple" - 1st Corinthians 6:19-20*

Hosted by Vessel of Honour UK



## *Facilitators*



Monica Reagor  
NLDN  
Global Director



Minister  
Hope Boyd



Tracey  
Letts



Francesca  
McDowall



Minister  
Marita Young



Bro  
Judah Marable



Alison  
Ray



Abigail  
Gordon



Heva  
Watson



Zinnette  
Andall

Kings Park Conference Centre, Kings Park Rd, Moulton Park Industrial Estate, Northampton NN3 6LL, UK

For further information: [www.nldn-uk.org](http://www.nldn-uk.org)

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## SCRIPTURE REFERENCE

**“Do you not know that your bodies are temples of the Holy Spirit, who is in you,  
whom you have received from God”?**

**You are not your own; you were brought at a price. Therefore, honour God with your bodies.**

**1 Corinthians 6:19-20**

### Welcome to NLDNUK 7th International Worship in Dance and the Arts Conference

My name is Sandra Julian, NLDNUK Assistant Director and founder of Vessel of Honour (VOH) which is based within the London region. VOH are the hosts to this year's conference retreat at Kings Park Centre, Northampton.

This is our first UK conference since the start of the pandemic in 2019, and it is with immense joy and gratitude that we acknowledge our delegates who have travelled from all areas of this country and various parts of the world to be with us.

**‘My Body is the Temple’** is the conference theme, and our aim is for all delegates to commence or continue their journey of embracing every aspect of our bodies as ‘Temples of the Holy Spirit,’ which encompasses our entire lifestyle. Are our bodies clean for Him to work through us? Are we using the gifts He has placed within us, or have our bodies been dormant for these past few years during lockdown?

Whatever your position, we are pleased to have anointed and gifted guest speakers, facilitators, worship leaders and dance ministers, who will be leading workshops, seminars, and worship. We are confident that, when you leave this conference, you will have a deeper understanding of what it means for your Body to be a Temple of the Holy Spirit.

We heartily welcome and thank our local facilitators, Francesca McDowall, Minister Marita Young, and others. We are particularly honoured also to welcome our overseas facilitators Monica Reagor (NLDN Global Director), Hope Boyd (NLDN Global Director of Youth Engagement) and Judah Marable, who has been leading workshops in the UK since our first conference in 2009 when he was 8 years old.

Our visionary founder, Rev Eyesha Marable, who has been to every UK conference since we started in 2009, is unable to be with us this year. She sends her love and plans to visit the UK soon.

Dawn Benjamin (UK Director) and hosts, VOH, extend a hearty welcome to every delegate. We are extremely excited and wait in anticipation to see what God has in store for each of us in this new season. We are looking forward to this time of forming new friendships, learning from each other, and ministering in dance across denominations, as we explore together the importance of our Bodies being temples of the Holy Spirit.

### Blessings

### Sandra Julian

On behalf of Vessels of Honour

(Heva Watson, Cheryl Tate, Catherine Masterton, Zinnette Andall, Mitzie Livingstone,  
Abigail Gordon, Chantal Jones-Butt)



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## AIMS AND PURPOSE

1.

To empower those on a journey of embracing the body as a Temple of the Holy Spirit

2.

Demonstrate how dance is a powerful tool for praise and worship

3.

Learn choreography techniques in order to express the reality of God to the nations through evangelism and outreach

4.

Unite those who minister in dance across all denominations

5.

Promote the development of an intimate relationship with God through praise and worship in dance

6.

Empower dance ministries to develop leadership skills to operate effectively and efficiently within the body of Christ

7.

To embody Christ through international links



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## CONFERENCE SCRIPTURES

### **1st Corinthians 6:19-20**

‘Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore, honour God with your bodies.’

### **1st Corinthians 3:16-17**

‘Don’t you know that you yourselves are God’s temple and that God’s Spirit dwells in your midst? If anyone destroys God’s temple, God will destroy that person; for God’s temple is sacred and you together are that temple.’

### **Ephesians 2:19-20**

‘Consequently, you are no longer foreigners and strangers, but fellow citizens with God’s people and also members of his household, built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone.

### **2nd Corinthians 6:16-7:1**

‘What agreement is there between the temple of God and idols? For we are the temple of the living God, as God has said, “I will live with them and walk among them, and I will be their God, and they will be my people.” Therefore, “Come out from them and be separate, says the Lord. Touch no unclean thing, and I will receive you.” And “I will be a Father to you, and you will be my sons and daughters, says the Lord Almighty.”

Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.

### **1st Peter 1:15-21**

But just as he who called you is holy, so be holy in all you do; for it is written: “Be holy, because I am holy.”

Since you call on a Father who judges each person’s work impartially, live out your time as foreigners here in reverent fear. For you know that it was not with perishable things such as silver or gold that you were redeemed from the empty way of life handed down to you from your ancestors, but with the precious blood of Christ, a lamb without blemish or defect.

He was chosen before the creation of the world, but was revealed in these last times for your sake. Through him you believe in God, who raised him from the dead and glorified him, and so your faith and hope are in God.



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## CONFERENCE INFORMATION

1. REGISTRATION
2. DRESS ATTIRE
3. MARKET PLACE
4. LIABILITY AND PARENTAL CONSENT FORMS
5. PHOTOGRAPHS AND RECORDINGS
6. SOCIAL MEDIA
7. TRANSPORT
8. LAST DAY
9. WORKSHOP GROUPS

### 1. REGISTRATION

Registration will commence at 4.00pm on Thursday 10th August where you will be provided with details of your room allocation and conference schedule. Those participating in the workshops and seminars will receive their conference pack including the t-shirt. Those who are not participating in the workshops will not be provided with a conference pack.

Evening meal will be served at 6.30pm in the dining room. If you are unable to arrive before 6.30pm, please let us know as soon as possible.

Conference opening night praise and worship will commence at 7.45pm (Doors open at 7.30pm) in The John Kirkham Hall. Registration will therefore close until after the service.

All food and refreshments will be provided by the centre throughout the conference period. There are tea making facilities available in bedrooms and in the kitchenette area of the bedrooms. Refreshments are available in the reception area throughout the day.

All beddings including duvet, pillows and sheets for single beds are provided, but feel free to bring your own if you wish. Towels are also provided but you will need to take your own toiletries and make your own bed each morning.

All rooms have twin single beds for 2 participants only. Can you let us know the name of the person you have agreed to share a room. If no arrangements have been made, we are happy to assist in identifying a roommate. There are a limited number of single rooms available with a supplement fee. If you wish to have a single room, please contact the conference planning team at [nldnukad@gmail.com](mailto:nldnukad@gmail.com).



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## 2. DRESS ATTIRE

During workshop sessions please wear loose fitting clothes such as non-revealing long shirts and tracksuit bottoms. Revealing leggings, leotards, tights, tank tops, halters, or hip hugging shorts are not appropriate forms of dress during this conference. Please wear appropriate footwear for comfort and flexibility, according to your daily schedule. Outdoor footwear will be required for ministering on Saturday, weather permitting.

Jewellery should also be kept to a bare minimum wedding/engagement rings, studs, and watches. Please remove all necklaces, bracelets, and large earrings. These can become tangled up within an arm of a fellow delegate, specifically in a movement class and cause injury.

If you have worship garments, feel free to wear them during evening services on Thursday, Friday, and Sunday Morning. The colour codes for garments are as follows.

**Thursday Evening** – Blue or personal choice of bold colours with blue included. Blue represents Holy Spirit and Anointing, Heaven, Healing and Hope.

**Friday Daytime** – Please wear a previous conference t-shirt with suitable bottoms.

Friday International Evening – Colours to reflect country of birth or where you currently live or have adopted as the nation/nations you are currently praying over.

**Saturday Daytime** – Conference T-shirt provided and black tracksuit/jogging bottoms or loose leggings. Outdoor footwear.

**Sunday Morning Service** – White and or gold and or silver.

**Sunday PUSH Graduation programme** – Previous graduates of PUSH programmes. Please wear graduation garments with white undergarments if possible

## 3. MARKETPLACE

We will have vendors in the reception area of the conference centre displaying several items which include worship garments, books, pampering products, flags, bags, other worship tools, paintings, and cards. To avoid disappointment, ensure you have extra funds to purchase items.

## 4. LIABILITY AND PARENTAL FORMS

The National Liturgical Dance Network and its members cannot be held liable for any injury or other mishaps during the conference. If you have a medical condition that may affect your ability to take part in the workshops, please seek medical advice beforehand and make your facilitator aware.

All participants aged 17 and younger must have the written parental consent to participate in this conference.



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## 5. PHOTOGRAPHS AND RECORDINGS

The National Liturgical Dance Network have identified their own official photographers who will be working throughout the conference. We would like to use some of the images in printed publications that we produce as well as on our website as we spread the word of this important and exciting ministry.

## 6. SOCIAL MEDIA

For safeguarding reasons, please refrain from uploading videos and pictures on Facebook, YouTube, and any other social media without the appropriate agreement from NLDNUK management team. We do not permit live streaming of children and young people who will also be participating.

## 7. TRANSPORT

All delegates are advised to make their own way to the conference centre. Please see the website for more information on public transport and detailed directions. Those who are driving, if you have any spare seats in your car, and can take a passenger, please let us know.

## 8. LAST DAY

On Sunday 13th August, we are required to vacate our rooms after breakfast so the centre staff can begin to prepare rooms for the next group. Please remove all bedding before vacating the room. We will have a couple of rooms available to freshen-up as and when required.

Our morning worship will commence at 10.00am in John Kirkham Hall and our lunch will be at 1.00pm.

We will have the opportunity to say our goodbyes and take photos before we vacate the premises by 3.00pm the latest.



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## 9. WORKSHOP GROUPS

### Joshua Generation - Children/Teenagers

This group will have a wide range of abilities. Most would have experienced being part of a dance ministry, whilst for others this would be a new experience for them. Where necessary, leaders may have to split the group according to abilities.



### Genesis - Women Adults

This group is largely for women who have some dance experience, possibly as part of a ministry group or in personal worship. Dance leaders in particular would benefit from learning new choreography which can be taught to the group they manage. All would benefit from learning different styles of dance which can also be used in public worship. Participants need to be of a good level of fitness.



### Miriam Worship Dancers

For women of all ages, who prefer movement/dance at a slower pace. Some may have very limited experience in dance or just starting to dance in public. The workshops will encourage participants to identify their own limitation in movement and utilise their abilities to worship in dance.



### Warriors for Christ and Young Warriors - Boys to Men

This group is for boys and men of all ages, fitness and abilities. You will have an opportunity to get together to discuss and explore their role within the ministry in dance. They will have the opportunity to challenge myths around boys/men and dance, identify their own skills and be taught choreography which can be used for either personal or public worship.





## CONFERENCE TIMETABLE

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### Thursday 10th August

16.00 - 18.30	Registration
18.30 - 19.15	Evening Meal
19.45 - 21.30	Conference opening Praise and Worship evening

### Friday 11th August

6.45 - 7.40	Scripture Walk
7.45 - 8.15	Morning Glory
8.30 - 9.15	Breakfast
9.00 - 9.15	Registration opens
9.20 - 9.25	Announcements
9.30 - 11.00	Workshop 1
11.00 - 11.15	Comfort Break/Coffee
11.20 - 12.50	Workshop 2
13.00 - 13.45	Lunch
14.00 - 15.30	Workshop 3
15.30 - 15.45	Comfort Break/Tea
15.50 - 17.00	Seminars
17.00 - 18.25	Free time
18.30 - 19.15	Dinner
19.45 - 21.30	International Praise and Worship evening

### Saturday 12th August

6.45 - 7.40	Scripture Walk
7.45 - 8.15	Morning Glory
8.30 - 9.15	Breakfast
9.00 - 9.15	Registration opens
9.20 - 9.30	Announcements
9.35 - 10.55	Seminar
11.00 - 11.15	Comfort Break/coffee
11.20 - 12.30	Taster Classes



## CONFERENCE TIMETABLE

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### Saturday 12th August

12.35 - 12.55	Free time
13.00 - 13.45	Lunch
13.50 - 14.55	Workshop 4
15.00 - 15.30	Free time
15.30 - 15.45	Comfort Break/Tea
15.50 - 16.50	Workshop 5
16.55 - 18.25	Workshop 6
18.30 - 19.15	Dinner
19.20 - 20.15	Showcase
20.30 - 22.00	Free Time/Pack

### Sunday 13th August

8.30 - 9.15	Breakfast
9.30 - 10.00	Pack and vacate bedrooms
10.10 - 11.45	Morning Worship
11.45 - 12.00	Comfort Break
12.10 - 12.55	PUSH Graduation
13.00 - 13.45	Lunch
14.00 - 14.45	Review/Photo session/Goodbye



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## FACILITATORS

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Every delegate will be assigned to a group they feel most suited. The groups will remain in their allocated room and the facilitators will rotate to lead the various workshops.



**Monica Reagor**  
How to Start and maintain  
a Dance Ministry/Worship tools



**Hope Boyd**  
Liturgical Fusion/Youth and  
worship dance



**Tracy Letts**  
Creative Art/Art Expression



**Fran McDowall**  
Worship with Flags/Healing  
Through Dance



**Marita Young**  
Choreography/Psalm  
and Stretches



**Judah Marable**  
Liturgical Dance/Men and  
young men



**Alison Ray**  
Jazz Technique



**Abigail Gordon**  
Well-being



**Heva Watson**  
Scripture Walk



**Zinnette Andall**  
Well-being/ Scripture Walk



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## CONFERENCE ORGANISERS

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### **NLDNUK Director**

Dawn Benjamin

### **Assistant Director**

Sandra Julian

### **Conference Manager**

Brenda Serrant

### **Assistant Manager**

Paul Belinfante

Pamela Christian

### **Vessels of Honour (Host)**

Sandra Julian

Chantal Jones-Butt

Zinnette Andall

Heva Watson

Catherine Masterton

Mitzie Livingstone

Cheryl Tate

Abigail Gordon

### **Registration Team**

Paul Belinfante

Janet Belinfante

Pamela Christian

Brenda Serrant

Jenny Mvula

Rachel Smith

### **Conference Ministers**

Rev. Rose Burrell

Minister Marita Young

Pastor Sharon Smith

### **Prayer and Devotion Team**

Monica Peddie

Claudeth Bennett

Lorraine Williams

Ciselyn Alexander

Heva Watson

John Scott

### **Safeguarding and Wellbeing Team**

Clement Benjamin

Abigail Gordon

Zinnette Andall

### **First Aider**

Kings Park Centre Staff

### **Medical Advisor**

Katrina Benjamin

### **Praise and Worship Team**

Rachael Miller

Bethany Stewart

Sheridan Stewart

Georgia Hinds

Rohan Wynter

Omari Johnson

David Francis

### **Photographers**

Henry Butt

Chantal Jones-Butt

Devon Burrell

### **Music and PA System**

Technicians

Rohan Wynter

### **Transport**

Clement Benjamin

Owen Comrie

### **NLDNUK Charity Trustees**

Brenda Serrant

Dawn Benjamin

Joanne Fletcher

Abigail Gordon

Henry Butt

Pamela Christian

### **Kings Park Conference Centre**

#### **Contact Details**

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