**P.U.S.H**

**Praise Until Something Happens**

**Course Summary**:

PUSH is a unique course wherefor nine months, worshippers will participate in remote dance classes and biblically based discussions about worship and arts best practices, life application, praise and prayer that results in their response to the Great Commission, Matthew 28: 18-20.

**Rationale:**

As worshippers we are to forever grow in the knowledge of Christ and gain more wisdom and understanding as to our purpose and God’s plan for our lives.

**Vision:**

The passion and purpose of this course is for Ministers of the Gospel to share best practices to implement within your place of worship, minister together outside and stay connected as the body of Christ so we can grow in God’s grace TOGETHER - so the best way to live out our commission is to learn, live and love as one body in Christ.

**Course Aim:**

*The aim of this course is to:*

* Give birth to a greater understanding of our collective calling to ministry.
* Restore relationships and redirect energy through clarity & understanding of where we fit in our church, family, community, nation & world.
* Impact our nation through embodied prayer, outreach and evangelism.

**Learning Outcomes**

*By the end of this course, participants will be able to:*

* Develop fresh ideas on use of dance choreography and / or other art forms (e.g., Pageantry, mime, painting etc.), in ministry and evangelism / outreach.
* Demonstrate a deeper study of God’s word and identify opportunities for immediate application of the Word in our homes, community, schools, etc.
* Be intentional about Random Acts of Kindness: one soul at a time (e.g. coffee, clean cars, gardening, care for widows, elderly, homeless, foster children, underprivileged, least, last, lost, left out, ignored).

Please note that the learning outcomes are based on an assumption that all attendees have a personal relationship with Jesus Christ our King of Kings, Lord of Lords and some prior knowledge / awareness / experience of worship and the arts

**Course Content**

Participants will be required to watch or listen to and review various resources covering topics such as the following: -

* What is liturgical dance?
* Liturgical Dance for the 21st Century Worshipper
* Answering the Call
* Dance ministry Leadership in a Changing world
* SSS (Stretch, Stamina, Strength)
* Significance of worship garments
* Embodied prayer
* Evangelism
* Gathering of the Levites

**Course Requirements**

Participants will be required to:

* Listen to and review resources.
* Pray as part of NLDNUK intercessory on Thursday mornings 6.30-6.45am on conference call line.
* Join monthly conference Zoom sessions to share lessons learned and seek clarity on any issues from listening or watching lectures on the 3rd Wednesday of each month 7.00 - 8.00pm commencing on 19th May.
* Preliminary discussion for clarity on any matter relating to the course takes place 28th April at 7pm. And all are encouraged to participate.
* Zoom meetings will be hosted by Claudeth Bennett, NLDNUK PUSH Co-Ordinator together with Sarah Jordan and Anne-Marie Gunter (course advisors/administrators) and any other designated speaker for the topic covered.
* You are required to participate in at least 2 NLDNUK evangelism events such as Advent, Easter, or Pentecost.
* Identify local outreach opportunities in your community and participate where possible.
* Provide a written summary for each missed Zoom meeting on the specified topic.

**Assessment**

* Listen and review at least 7 topics.
* Participate in at least 8 Zoom meetings.
* Participate in prayer conference calls where possible.
* Spend at least two hours per week on self-care, which could include dance practices, technique classes, gyn, study, pampering and rest.
* Learn at least 2 new dances/ routines suitable for ministry.
* Keep a reflective diary/portfolio through the 9-month PUSH course. This will help to review personal learning, development, and self-care.

**Certification**

Certificates of Completion will be offered to participants who complete the full course.

**Evaluation:**

At the end of the course all participants are required to complete an evaluation form

**Facilitators:**

Claudeth Bennett – NLDNUK PUSH Coordinator

Sarah Jordan and Anne-Marie Gunther – PUSH 1 Course Advisor/administrator

Dawn Benjamin – NLDN European Director

**Cost:**

£20.00

**Interested?**

To express an interest in this course, please send your name, telephone number and e-mail address to [nldnukad@gmail.com](mailto:nldnukad@gmail.com)